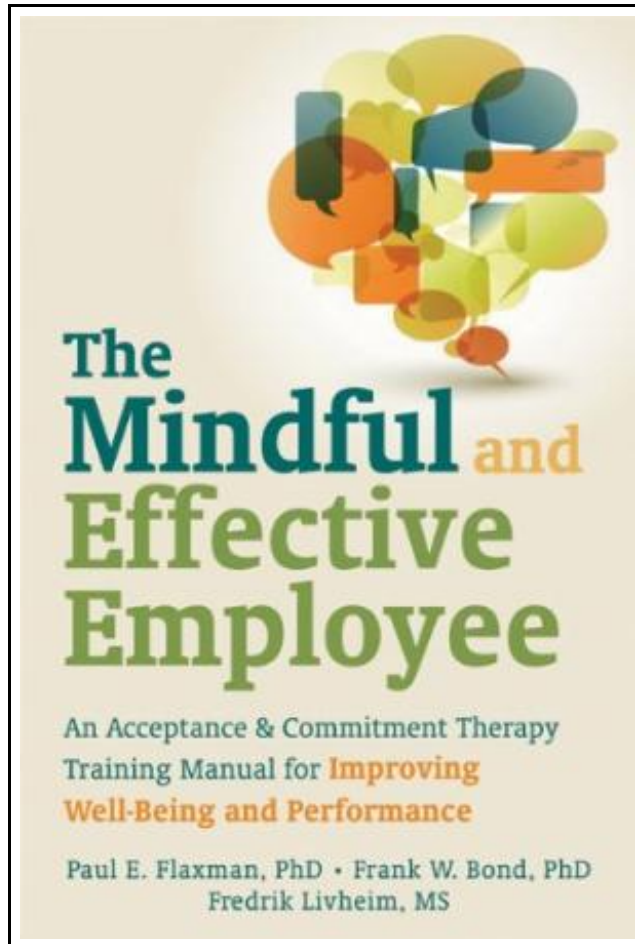


## Mindful and Effective Employees: A Training Program for Maximizing Well-Being and Effectiveness Using Acceptance and Commitment Therapy (Paperback)



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*(Payton Miller)*

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