



Echoes of Heartsounds: A Memoir of Healing (Paperback)

By Martha Weinman Lear

Open Road Media, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This New York Times-bestselling author's memoir of her own heart attack is a refresher course in handling life's meanest challenges with grace (Library Journal). It begins late one afternoon in her kitchen. There is no collapse, no massive pain. Just a slight fluttering sensation in her chest, then chills, and finally, nausea. Probably nothing to worry about, the doctor assures her on the phone. It doesn't sound like a heart attack. But it is. Heart attacks in women can look and feel dramatically different than they do in men, which is why they often go undiagnosed. But heart disease is the number-one killer of American women--greater than all forms of cancer combined. When the doctor examines Lear the day after her episode, the verdict is shocking. So begins an account, filled with grace, humor, and ferocity, of her hard-won return to good health, beset by mysterious postsurgical complications and haunted by memories of her late husband when she finds herself in the same coronary unit in which she lost him all those years ago.



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Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Sarai Lebsack**

Thorough guide for book enthusiasts. I am quite late in start reading this one, but better then never. Your lifestyle span will be transform when you total reading this article book.

-- **Lindsey Larson**

Relevant Books



And You Know You Should Be Glad

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



To Thine Own Self

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Carefree and self assured Carolyn loves her life. Her uncle runs the day-to-day details of her company leaving...



All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, All My Fault: The True Story of a Sadistic Father and a Little Girl Left Destroyed, Audrey Delaney, 'I could see what he was doing to the other girls because he had been doing...



The Kid

Paperback. Book Condition: New. Not Signed; Winky thought he'd seen everything in Wyoming Territory: rustlers, hangings, shoot-outs, cattle standing frozen stiff in the snow. Then into town one lazy day rode a long-haired kid and a colossal African mute. They were met...



Pickles To Pittsburgh: Cloudy with a Chance of Meatballs 2

Athenum Books for Young Readers, 2000. Paperback. Book Condition: New. No Jacket. New paperback print book copy of Pickles to Pittsburgh: Cloudy with a Chance of Meatballs 2 written by Judi Barrett. Drawn by Ron Barrett. New York: Athenium Books for Young...



Read Write Inc. Phonics: Grey Set 7 Non-Fiction 2 a Flight to New York

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 213 x 98 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books is carefully levelled to match childrens growing...