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Educational Gymnastic Play for Little Folks (Classic Reprint)

By Fanny L Johnson

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Educational Gymnastic Play for Little Folks A vacancy seems to exist in physical education between the play of the kindergarten and the regular gymnastic work of the school, and it is in the hope that this little book will help to furnish the needed connection that it has been prepared by the authors. The Swedish system of educational gymnastics, as set forth in Special Kinesiology, by Baron Nils Posse, forms the basis of our work, but Baron Posse s further teaching, concerning exercises for little folks, and our own experience, have led us to diverge somewhat from the order which he adopts in his progressive lists and to intersperse other exercises. We present here only those classes of movements that correspond to the stage of development through which the child is passing during his first two years in the primary school, and have culled from those classes the gymnastic exercises best suited to the needs of the little child. With the technical name of each movement we have furnished a description, to aid the uninitiated,...



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Reviews

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