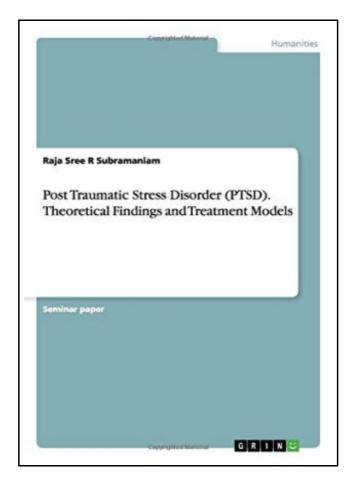
## Post Traumatic Stress Disorder (PTSD). Theoretical Findings and Treatment Models



Filesize: 7.24 MB

#### **Reviews**

This pdf is really gripping and interesting. We have go through and that i am confident that i will planning to read yet again once again later on. You wont feel monotony at at any time of your time (that's what catalogs are for relating to in the event you question me).

(Miss Madisyn Gulgowski)

### POST TRAUMATIC STRESS DISORDER (PTSD). THEORETICAL FINDINGS AND TREATMENT MODELS



GRIN Verlag Jan 2016, 2016. sonst. Bücher. Condition: Neu. Neuware - Seminar paper from the year 2015 in the subject Psychology - Consulting, Therapy, grade: 61, University of Derby, course: Psychology, language: English, abstract: The Diagnostic and Statistical Manual of Mental Disorders estimated 9-11 % of the general population experience traumatic distress and about half of the people who experienced trauma continue to develop Posttraumatic stress disorder (PTSD). PTSD is an anxiety disorder for which cognitive-behavioural therapy (CBT) is employed to treat or prevent maladaptive behaviour, beliefs and thought processes. According to the diagnostic criteria for PTSD, individuals exposed to trauma experience three distinct types of persistent posttrauma symptoms. The arousal symptom clusters describe re-experiencing traumatic moments, nightmares, flashbacks and sleep-disturbances. The second clusters of symptoms describe physiological responses such as helplessness, anger outbursts, concentration problems, hyper vigilance and exaggerated startle responses. The third cluster of symptoms describes avoidance and emotional numbing symptoms that leads to avoidance of people, trauma reminders, emotional dissociation and trouble recalling trauma events. The persistent PTSD symptoms detrimentally affect mental health, social behaviour and occupational functioning. The issue whether PTSD symptoms own their existence to biological and learning or whether they are entirely cognitively determined has been the subject of much debate. Each approach provides evidence supporting fear activation and problems in emotion regulation leading to various symptoms of PTSD but these findings do not settle the issue for the maintenance of persistent symptoms of PTSD. In fact, it is posited that individual differences in the appraisal of trauma events and emotion regulation strategies determine the maintenance of the PTSD symptoms. Hence, the existing cognitive-behaviour therapy for PTSD was conceptua 20 pp. Englisch.

Read Post Traumatic Stress Disorder (PTSD). Theoretical Findings and Treatment Models Online

Download PDF Post Traumatic Stress Disorder (PTSD). Theoretical Findings and Treatment Models

#### Other eBooks



#### How to Make a Free Website for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter...

Save Document »



### Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title:...

Save Document »



#### Federal Court Rules: 2014

Createspace, United States, 2014. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Federal Court Rules: Current through March 1, 2014 Federal Court Rules 2014 contains...

Save Document »



#### Buy One Get One Free

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 198 x 122 mm. Language: English . Brand New Book. There was a slave story told that only a few knew about. A story about a young...

Save Document »



### Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

Save Document »



#### Twitter Marketing Workbook: How to Market Your Business on Twitter

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Twitter Marketing Workbook 2016 Learn how to market your

Save ePub »



# Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel's System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This historic book may have numerous typos and missing text. Purchasers can download

Save ePub »



#### Plentyofpickles.com

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Interested in taking a peek into the world of internet dating? Then order

Save ePub »



#### No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do You Have NO Friends? Are you tired of not having any

Save ePub »



#### Electronic Dreams: How 1980s Britain Learned to Love the Computer

Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. Remember the ZX Spectrum? Ever have a go at programming with its stretchy rubber

Save ePub »