



## The Spiritual Child: The New Science on Parenting for Health and Lifelong Thriving (Hardback)

By Ms Lisa Miller

St. Martin's Press, United States, 2015. Hardback. Book Condition: New. 236 x 165 mm. Language: English . Brand New Book. NEW YORK TIMES Bestseller USA TODAY Bestseller Publishers Weekly Bestseller In *The Spiritual Child*, psychologist Lisa Miller presents the next big idea in psychology: the science and the power of spirituality. She explains the clear, scientific link between spirituality and health and shows that children who have a positive, active relationship to spirituality: \* are 40 less likely to use and abuse substances \* are 60 less likely to be depressed as teenagers \* are 80 less likely to have dangerous or unprotected sex \* have significantly more positive markers for thriving including an increased sense of meaning and purpose, and high levels of academic success. Combining cutting-edge research with broad anecdotal evidence from her work as a clinical psychologist to illustrate just how invaluable spirituality is to a child's mental and physical health, Miller translates these findings into practical advice for parents, giving them concrete ways to develop and encourage their children's—as well as their own—well-being. In this provocative, conversation-starting book, Dr. Miller presents us with a pioneering new way to think about parenting our modern youth.



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### Reviews

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*It is really an remarkable publication i actually have possibly study. It usually is not going to cost excessive. Its been written in an exceedingly basic way and is particularly only right after i finished reading this publication through which basically transformed me, affect the way i think.*  
-- Dr. Breana O'Kon